



Mayor bags groceries at Southwest Safeway for a cause



Above, Mayor Vincent C. Gray served as a celebrity grocery bagger at the Southwest Waterfront Safeway grocery store during the evening rush on Tuesday, Oct. 25 to raise funds and awareness for breast cancer screening and research into a cure. At right, Mayor Gray (left) with SW resident Thelma Jones. Photos by Perry Klein.



Southwest artist's sculpture, photographer's photo of Southwest on display at Corcoran Gallery

By Sheila Wickowski

Mary Early, a native of Southwest D.C., is known for her beeswax works, and one of her sculptures "untitled (wreath II)" is currently on view at the "Modern and Contemporary Art Since 1945" exhibit at the Corcoran Gallery of Art. The exhibit features contemporary artists with a current connection to the D.C. area. The roster includes William Christenberry, Anne Truitt, Kenneth Noland, Helen Frankenthaler and Martin Puryear.

The ongoing exhibit is a selection of paintings, sculptures, works on paper, new media and installation art by leading post-war artists including Willem de Kooning, Ellsworth Kelly, Cy Twombly, Richard Diebenkorn, Joan Mitchell, Bruce Nauman, Jessica Stockholder and Gordon Parks.

Gordon Parks' photograph, "Washington

Continued on Page 3

Southwest Heritage Project plans for future by documenting past

By Andrew Finken

Did you know that Walt Whitman spent time in Southwest D.C.? He observed Union soldiers at the Sixth Street Wharf during the Civil War. How about famed Army Physician Walter Reed? He furthered his revolutionary Malaria and Yellow Fever research along the marshes of the Anacostia and Potomac rivers. When entertainer Al Jolson's family came to America in 1891, his first home was on Fourth Street, SW. Decades later, soul music superstar Marvin Gaye spent his childhood years just a few blocks away in Syphax Gardens.

Such knowledge has the potential to change a place, and according to Cecille Chen Winstead, Project Director for the Southwest Heritage Project (SWHP), Southwest is home to a lot of this type of knowledge.

"There are a lot of interesting stories to tell about Southwest, but there isn't one central resource," said Winstead. "We want to demonstrate the history of Southwest and establish that there is a definite community here that is really quite nice."

SWHP is a committee of neighborhood residents sharing their time and talents to learn about the community they love. After collecting, organizing and digitizing neighborhood stories of past and present, the group plans to make the history viewable, by the tentative end date of April 2012, through a couple of different mediums.

The main repository for SWHP findings will be its website, www.swdcheritage.org, containing historic documents and photographs, oral

histories, scholarly articles and original writing by the SWHP. The site is powered by a unique open-source, web-publishing platform called Omeka. Omeka was developed by the Center for History and New Media at George Mason University specifically for the presentation of digital history projects.

Winstead said she is hoping to make the second resource more personalized and interactive. She envisions a mobile phone application that will reveal, based on the user's GPS location, all of the history of that very location. Alternatively, Winstead said that a number of kiosks placed strategically throughout the neighborhood with QR codes capable of activating an application on a mobile device could accomplish that same feat.

Imagine going on a walking tour of Southwest next April. You are joining the celebration of the 100th anniversary of the D.C. Cherry Blossom Festival, exclusive to Southwest. Or you are remembering the 100-year anniversary of the Titanic sinking, a local remembrance because of the memorial located on the Waterfront near the intersection of Fourth and P streets. As you navigate the neighborhood, you feel as if you are walking straight through history. Every tap and swipe on your mobile device reveals the memory of your present location. It might tell you that the Maine Avenue Fish Market is one of the few buildings that existed in Southwest prior to the Urban Renewal of the 1950s and '60s, or that Thurgood Marshall used to live in a Capitol Park townhouse near the G Street Circle.

After your tour, you will have the opportunity to join any number of Southwest Heritage Month events. In addition to walking tours,

SWHP is organizing film showings, cultural document exhibits and panel discussions. Winstead is planning multiple ways for people to learn about the community.

SWHP is also focusing on the future. Winstead said she believes visitors would be interested to know that there are two stylish restaurants within five minutes' walking distance of the Waterfront Metro. She said Jazz Night at Westminster Presbyterian every Friday is one of the city's best kept musical secrets, and also five minutes from the Waterfront Metro. Or that Gangplank Marina, also in Southwest, is home to the largest live-aboard community on the East Coast.

"When people or businesses come to Southwest, we want them to know they aren't dealing with a blank slate," said Winstead. "Southwest is a place that has a significant past, a unique heritage and a strong and vibrant community."

She said that with all of the recent development in the community, and the billion dollar investment coming to the Waterfront area, SWHP wants to make sure the neighborhood's voice is a part of the conversation, and so far, all members of the committee are Southwest residents. Volunteers are organized into teams based on four skill sets: community outreach and organizing, historical research and primary data collection, digital editing and design and social media promotion and marketing.

The project is 100-percent volunteer, but SWHP received a grant from the Humanities Council of Washington, D.C. in October to put toward marketing the finished project next spring. The Humanities Council offers

grants to organizations seeking to promote the concept of fostering community life through the sharing of history. A relationship with the Southwest Neighborhood Assembly, as well as other upcoming funding opportunities, will add a small amount of additional funding for SWHP.

Winstead's original inspiration for SWHP was her response to the large building projects that have occurred in the Southwest quadrant over the past decade and its inescapable reminiscence of the 1950s and '60s Urban Renewal. At that time, the federal government declared eminent domain over nearly every house and every business, even all of the streets, between the National Mall and the Anacostia River. Almost every square foot of land was razed, redesigned and then built again, and most residents were evicted in the process.

Today's construction is significantly less intrusive, of course, but it got Winstead thinking. With billions more dollars of redevelopment on the way along the waterfront, every day that goes by will cover the past just a little bit more.

"Urban Renewal was an absolute devastation for Southwest. It displaced all of the neighborhood's 23,000 residents, and most could not afford to return afterward," said Winstead. "Urban Renewal gave this neighborhood a really bad name, and that name mistakenly still persists. This project has the potential to lift that veil and tell the story."

Urban Renewal is a large caesura on the timeline of Southwest, clearly separating the landscape that fostered Walter Reed's experi-

Continued on Page 5

A Veterans Day Poem 11/11/11

To Our Veterans
Then: My First Veterans, my Brothers

They looked so good in their uniforms
We begged them to take us for a walk
After we finished showing them off
We begged them to sit and talk

With each story they told us
Great heroes were all we could see
Of these our beloved brothers
We were as proud as we could be

Now: This is how it was years ago
And it is much the same today
We are still glad you came home safely
We pray God keeps you that way

We offer our sincere appreciation
For all that you have done
You are our forever heroes
And we love you everyone

When you were called to risk life and limb
On any domestic or foreign shore
You showed the greatest love of all
When on short notice, you just packed up to go

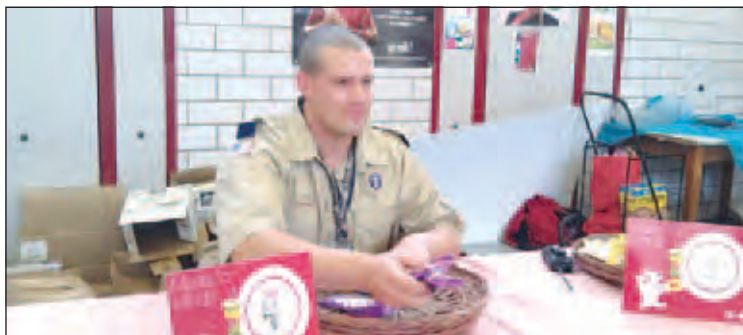
You put great stock in your assigned duty
You did not pause or hesitate
But with shoulders straight and hearts so brave
You marched proudly up to the plate

Thank you, our beloved veterans
For answering our country's call
No one is more precious than you
We love you one and all

Thank you! Thank you! Thank you!
God Bless You Always

**By Margaret Oliver, Southwest poet
and River Park resident**

Scouts participate in Meals for the Minds distribution program



Den Leader Eric Fishman distributes food at Meals for the Minds at Amidon Bowen Elementary School. Photo by Gloria Tobe.

Amidon-Bowen Elementary School Webelos members Clarence Eggleston, Trevon Evans and Perrion Ballinger pose at a Meals for the Minds distribution. The program is sponsored by Target and Martha's Table and will continue monthly throughout the school year. Photo by Eric Fishman.



ANC 6D: Highlights from the monthly meeting

By Tiffany Klaff

The Advisory Neighborhood Commission (ANC) 6D met on Monday, Oct. 17. The meeting was devoted to supporting a bevy of charitable marathons, races and walks that will take place in our community and hosting several presentations, including an introduction to the Southwest Heritage Project (SWHP), an overview of the DC Clean Rivers Project and an update of the 200 I (Eye) St., SE Development Project.

For race dates and details about the Southwest Heritage Project, the DC Clean Rivers Project, and an update of the 200 I (Eye) St., SE Development Project, visit The Southwester's new website at www.thesouthwester.com.

Location of November, December ANC meetings changed

The Advisory Neighborhood Council (ANC) 6D's Nov. 14 and Dec. 12 meetings will be held as usual in the DCRA Hearing Room at 1100 Fourth St., SW. The meetings was previously planned for the Navy Yard Courtyard Marriott in Southeast.

Community Calendar

NOVEMBER

TUES. 8. 7 P.M. Community meeting on the health hazards of pollution in Southwest D.C. We invite you to meet and discuss pollution-related health concerns in Southwest and potential avenues for change. For further information, please contact the Southwest Environmental Justice Project at (202) 661-6645 or Southwest-EnvironmentalJustice@gmail.com. Childcare provided. Basement, St. Augustine's Church, 600 M St., SW.

7:30 P.M. The Southwest Chamber Players featuring John Kaboff, cello; Heidi Schuller, flute; Brad Clark, piano; and David Ehrlich, piano. The group will be playing works from Brahms, Villa-Lobos and Mozart. St. Augustine's Church, 600 M St., SW.

WED. 9 6:30 P.M. Haiku to Hip Hop: Creative Writing Workshop. Southwest Library, 900 Wesley Pl., SW.

FRI. 11 Veterans Day

MON. 14 6:30 P.M. Southwest ArtsFest Board Meeting (open to the public). Westminster Presbyterian Church, 400 I (Eye) St., SW

7 P.M. ANC 6D meeting. 1100 Fourth St., SW (District Department of Consumer and Regulatory Affairs), E200. For additional information and meeting agenda visit www.anc6d.org.

WED. 16 12 P.M. AARP-Southwest Waterfront Chapter 4751 meeting. Luncheon, speaker Ms. Deborah Smith, Catholic Charities, will discuss services they provide, including the Share program. Current AARP members as well as new members are most welcome to attend. River Park Mutual Homes community room, 1311 Delaware Ave., SW. For further information, contact Chapter President Evelyn Dorsey, Dorseydear@aol.com or 202-488-9685.

6:30 P.M. Haiku to Hip Hop: Creative Writing Workshop. Southwest Library, 900 Wesley Pl.

THURS. 17 7 P.M. Police Service Area (PSA) 104 Community Meeting. Riverside Condominium, B-Building lobby, 1435 Fourth St., SW.

SUN. 20 9 A.M. TO 12 P.M. Coat distribution hosted by St. Dominic Church and the Knights of Columbus. St. Dominic Church, 630 E St. SW. Coats will be available on a first-come, first-served basis. Parents or guardians must bring their children to the church to ensure a proper fit. There will be no exceptions.

MON. 21 Nominations for Near SE-SW Community Benefits Coordinating Council board members due today. Contact board chair Rev. Ruth Hamilton for more information at rwh@westminsterdc.org or 202-641-8221.

WED. 23 9 A.M. TO 1 P.M. Safeway Feast of Sharing. Walter E. Washington Convention Center, 801 Mount Vernon Place, NW. Free and open to everyone.

6:30 P.M. Haiku to Hip Hop: Creative Writing Workshop. Southwest Library, 900 Wesley Pl.

THURS. 24 Thanksgiving Day

MON. 28 7 P.M. Southwest Neighborhood Assembly (SWNA) Community Meeting. Speakers: Mayor Gray and representatives from the Washington Metropolitan Area Transit Authority (WMATA). Open to everyone. St. Augustine's Church, 600 M St., SW.

WED. 30 6:30 P.M. Haiku to Hip Hop: Creative Writing Workshop. Southwest Library, 900 Wesley Pl.

7 P.M. ANC 6D ABC Committee meeting. King Greenleaf Center, 201 N St., SW. Contact Coralie Farlee at CFarlee@mindspring.com or (202) 554-4407 for questions or to be added to mailing list or agenda.

WEEKLY, BIWEEKLY

TEEN BOOK CLUB Southwest Library, 900 Wesley Pl., SW, every other Tuesday, 4 p.m.

GRAPHIC NOVEL READ-IN Southwest Library, 900 Wesley Pl., SW, every other Thursday, 4 p.m.

PRESCHOOL STORY TIME, Southwest Library, 900 Wesley Pl., SW, every Tuesday and Thursday, 10:30 a.m.

THE KIWANIS CLUB OF SOUTHWEST WATERFRONT, Christ United Methodist Church, 900 Fourth St., SW, every first and third Monday from 6:30 p.m.-7:30 p.m.

MONDAY EVENING FILMS, Southwest Library, 900 Wesley Pl., SW, every Monday, 6:30 p.m. Experience a different cinematic treat every week. Call 202-724-4752 for movie titles. All ages.

COMPUTER CLASSES FOR ADULTS, Southwest Library, 900 Wesley Pl., SW, every Thursday, 10 a.m.-noon.

THE SOUTH WASHINGTON WEST OF THE RIVER FATHERHOOD PROGRAM, St. Augustine's Church, 600 M St., SW, Tuesday and Thursday

evenings. For more information, call Alphonso Coles at (202) 870-1885.

SOUTHWEST SEWING GROUP, Mondays, 9:30 a.m.-2:30 p.m., St. Augustine's Church, 600 M St. SW. Contact Willie Mae Stukes, sewing teacher, at (301) 445-1792. Open to all interested in working on their own sewing projects and updating their hand and/or machine sewing skills. Mondays, except for July and August.

SOUTHWEST RENEWAL AA, Alcoholics Anonymous group, Mondays, 8:30 p.m., St. Augustine's Church, 600 M St., SW, (202) 554-3222.

SW FREEWAY NA, Narcotics Anonymous group, Wednesdays, 7 p.m.-8 p.m., Westminster Presbyterian Church, 400 I (Eye) St., SW (202) 484-7700.

HAND DANCING CLASSES, jitter bug, lindy hop. Saturdays, 12 p.m.-1 p.m. Classes by Markus Smith of Swing Anatomy Dance. \$10/class for adults, \$5/class for children ages 8-17. Christ United Methodist community room off Wesley Pl., SW.

HAIKU TO HIP HOP, creative writing workshop Wednesdays, 6:30 p.m. For ages 12 through 19, Southwest Library, 900 Wesley Pl., SW, For all levels, even beginners.

CHESS AND SCRABBLE CLUB, Southwest Library main room, 900 Wesley Pl., SW. Wednesdays, 6:30 p.m. For all levels.

BLUES MONDAYS, 6 p.m.-9 p.m. Various blues musicians and singers featured each Monday, \$5. Food for sale, Westminster Presbyterian Church, 400 I (Eye) St., SW (202) 484-7700.

WELLNESS WEDNESDAYS, 4 p.m. Seated yoga and healing sessions (Pamela Wilson and Riva Wine), 5:30 p.m. Laughter yoga (Claire Trivedi), 7 p.m. Sampoorna yoga (Alex Rosen). Free with donations welcome, Westminster Presbyterian Church, 400 I (Eye) St., SW (202) 484-7700.

JAZZ NIGHT IN SW, Fridays, 6 p.m.-9 p.m. Various jazz musicians and singers featured each Friday, \$5. Food for sale. Westminster Presbyterian Church, 400 I (Eye) St., SW (202) 484-7700.

WASHINGTON STAMP COLLECTORS CLUB, 7 p.m.-9 p.m. First and third Wednesday each month. Buy, sell and trade stamps. Refreshments, auctions and programs. Christ United Methodist Church, 300 block I (Eye) St., SW (202) 291-6229.

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Please submit calendar items for December events by email to thesouthwester@gmail.com by November 15, 2011.

The time is now: How Southwest needs to better prepare for disasters

By Benjamin Curran

Earthquakes, hurricanes, snow storms and floods. These are just a few dangers Southwest D.C. residents have experienced. Several tornadoes have even touched down recently not too far from D.C. Everyone needs to prepare for disasters when they happen, whether it's that big snow storm or community dwelling fire, yet it is not always clear what to do nor is it that easy to get motivated to take proactive steps.

However, this is a unique period as people are still talking about the Aug. 23 earthquake and its 40-some aftershocks so far. Coupled with October's Fire Prevention Month, this time of heightened awareness is the time to start taking emergency preparedness steps. Luckily this country has an enormous amount of practical information for residents about how to prepare themselves, their families, their pets, their faith-based organizations, their businesses, and their overall communities. Residents are also fortunate, especially in the D.C. area, to have many people experienced in disaster preparedness initiatives, disaster response operations and in disaster recovery planning. The community should capitalize on these resources and make a difference in Southwest.

In September, the Southwest Neighborhood Assembly voted to create a SW Community Preparedness Working Group to begin pulling interested individuals together to explore creative ways to help Southwest become a "disaster resilient community." A community that is disaster resilient is one that has come together before the next disaster strikes to discuss what the risks are in the community, what the resources are, who our more vulnerable neighbors may be, what training is needed and what organizing structure might be needed to pull these tasks together. This same organizational structure, often called a "Neighborhood Planning Group," will take a leadership role supporting the community when the disaster strikes, coordinating immediate relief assistance, serving as vital links to local government response officers and playing a leading role in the recovery of the community.

A resilient community is one that can and will bounce back more readily after a disaster because it has invested in a community-driven preparedness campaign before the disaster. Having worked on disasters overseas in the Sudan, Rwanda, and Japan and in the U.S. for the Fed-

Useful emergency preparedness and disaster resources

- American Red Cross National Capital Area - www.redcrossncr.org
- Serve DC - www.serve.dc.gov
- Homeland Security and Emergency Management Agency - www.dcemad.gov
- Federal Emergency Management Agency - www.ready.gov
- National Voluntary Organizations Active in Disaster - www.nvoad.org
- InterAction - www.interaction.org

eral Emergency Management Agency for over 20 years, it is clear to me that communities that take the initiative will see the advantages when the inevitable next disaster strikes.

A small group has met twice so far, and is increasingly inspired by the dedication and experience of those who have joined so far. The group is in the early stages of this effort and want to include others. The next meeting is on Dec. 8 from 7 to 8:30 p.m. at the First District Police Station at 101 M St., SW. The goal of this meeting is to share with the wider community a possible mission and vision for this SW Community Preparedness Working Group.

The group knows from the start that this effort needs to be a community effort, with all parts of the community participating. It is also important to coordinate carefully with the DC Emergency Management Agency and the American Red Cross National Capital Area leaders and all key stakeholders so that all others' efforts are complemented and resources are leveraged, especially important in these difficult economic times.

Please join the SW Community Preparedness Working Group on Dec. 8 to learn more about how we can all work together to support Southwest if we ever face the agony and turmoil of serious disaster in this area. Also, please remember the American Red Cross needs additional volunteers for its Disaster Action Team, an ideal way to get some disaster operational experience.

For further information on this initiative contact myself, Ben Curran, at benimon@hotmail.com or my co-coordinator, Juliet Choi at Juliet_choi@yahoo.com

CORCORAN

From p. 1

(southwest section), D.C. Negro woman in her bedroom," is also on display at the Corcoran Gallery. Parks worked as a photographer for the Farm Security Administration (FSA), a

depression-era government agency, and for Life Magazine, to illuminate pressing social issues such as poverty, race, segregation and crime. Although his photo of an unnamed woman is not as famous as his iconic American Gothic, it nevertheless is part of our Washington history and reflected Parks' personal experiences of segregation.

part of Randall Neighbor Day 2011, and free to the public on Monday, Jan. 16 in celebration of Martin Luther King, Jr. Day, which is also the last day of the Gordon Parks exhibit.

ADMISSION: The Corcoran Gallery is open Wednesday, Friday, Saturday and Sunday from 10 a.m. to 5 p.m. and Thursday from 10 a.m. to 9 p.m. The gallery is closed Monday and Tuesday. Admission is \$10 for adults, \$8 for seniors (62+) and students (with valid ID), children 12 and under, military (with valid ID) and free for Corcoran members.

WANT TO GO?

WHAT: Gordon Parks: Photographs from the Collection (now until Jan. 16, 2012)

WHAT: "Modern and Contemporary Art Since 1945" (ongoing)

BEST TIME TO GO: The gallery will be free and open to the public from Nov. 5-Nov. 12 when the gallery hosts FotoWeek DC events, free for all ANC 6D residents (zip codes 20024 or 20003) on Saturday, Dec. 10 as



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Development news

By William Rich

■ The latest estimate of an opening date for the Waterfront Station Z-Burger from its proprietor is around Thanksgiving. All of the furniture has been ordered and will take between four and five days to install once it arrives. Free food will be given away during the first few days of operation at the new restaurant.

■ Lot 38 Espresso, located next to the Courtyard Marriott at 2nd & L streets, SE is aiming for a Dec. 1 opening date. Awnings have now gone up at the building, which is newly constructed and replaces a small red building that did not want to sell to Valhal when the developer originally built the hotel and Capitol Hill Tower co-op.

■ Marina Place was approved by the Zoning Commission over the summer. The planned residential project in Buzzard Point next to the marina of the same name will contain 99 units, with a small portion set aside as affordable housing. The land owner is currently looking for a pioneering developer to partner with him on the project.

■ Foundry Lofts (301 Tingey St., SE) is currently 43 percent pre-leased and residents are expected to start moving into the building by the end of November. Potbelly Sandwich Works and Kruba Thai and Sushi are expected to begin their build-out on the ground floor in December and open their doors by the first quarter of 2012.

■ A new museum is proposed at the site of Banneker Park, located at the southern terminus of Tenth Street, SW. The proposed Museum of the American

People has been designed by MTFA Architecture, Inc; however, the museum is still in the concept stage so it will be several years before any significant movement will happen.

■ Madison Marquette will soon begin the redevelopment process of the “Blue Castle,” the former streetcar barn at Eighth and M streets, SE, as a retail destination, along with its other holdings near that intersection. The leases for the charter schools that currently occupy the Blue Castle expire in 2012.

■ Hoffman-Madison Waterfront is in negotiations with Carr Hospitality and Intercontinental Hotels Group to build and operate a 268-key, four star hotel at The Wharf. The hotel operators are the same ones that operate the Willard Intercontinental Hotel downtown. This new hotel will be located at Ninth Street and Maine Avenue, SW, facing the waterfront promenade. It will be opposite what will be the new home of the Graduate School USA.

■ The bridge between Diamond Teague Park and the Yards Park is close to being completed. This connection will allow a continuous waterfront walkway along the Anacostia River from First Street, SE to Eleventh Street, SE.

News from Southwest was adapted from the Southwest...The Little Quadrant That Could blog (www.southwestquadrant.blogspot.com) and Near SE news was adapted from the JD Land blog (www.jdland.com/dc).

Blotter

By John McGrath

Highlights of Monthly PSA 104 Meeting, Thursday, Oct. 20

Participants: Sgt. Michael Architzel (substituting for Lt. Nicholas Gallucci) of PSA 104; Public Housing Police officers; Naomi Monk, PSA 104 meeting coordinator/facilitator; a total of 20 attendees.

Sgt. Architzel reviewed the year-to-date crime statistics as of Sep. 30, 2011 compared with 2010. He highlighted the following: (1) two men who were previously arrested for armed robbery of cab drivers in the vicinity of Seventh, Sixth, Third and G streets, SW have been arrested a second time and are being held pending trial; (2) PSA 104 is focusing on reducing tensions between rival groups in the James Creek and Greenleaf public housing communities following a 2010 murder incident; (3) despite heavy ticketing by police, illegal left turns from Fourth Street, SW onto M Street, SW are a continuing problem; and (4) bike theft is an ongoing problem (heavy duty U-style bike locks are a must) — bikes in townhouse courtyards and highrise balconies have been stolen.

Crime incidents in October 2011 were discussed: (1) a purse snatching on the plaza at Tiber Island; (2) an assault/robbery near Fourth and N streets, SW; and (3) continued incidents of marijuana sales in the O Street Circle (300 O St., SW). Police continue to patrol the O Street Circle.

Year-to-date crime statistics for PSA 104 as of Sept. 30, 2011 vs. 2010 are: Homicide -100 percent (0 vs. 1); Sex Abuse -83.3 percent (1 vs. 6); Part II Assault (Misdemeanor) -52.2 percent (11 vs. 23); Robbery +16.3 percent (57 vs. 49); Assault with a Deadly Weapon +19.4 percent (43 vs. 36); Burglary +6.3 percent (34 vs. 32); Theft +27.3 percent (191 vs. 150); Theft from Auto -57.8 percent (57 vs. 135); Stolen Auto +32.7 percent (69 vs. 52); and Arson up for 2011 (1 vs. 0).

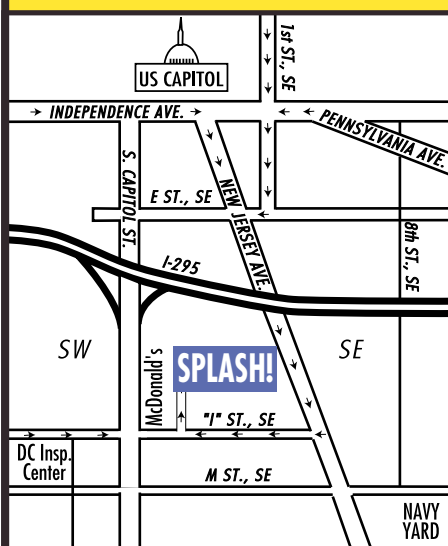
In response to a question, those in attendance at the meeting were informed that there is a daily log maintained at the front desk of First District Police Headquarters at 101 M St., SW which is available to all citizens. There is also an opportunity to e-mail mpd-1d-subscribe@yahoogroups.com and ask to be approved to subscribe for PSA 104 crime reports, to make comments and to ask questions about specific incidents (receive immediate answers about crime and safety incidents), which includes all PSAs in the First District.

Police provided crime pointers, including: when in doubt, call 911 and provide the police with pertinent information — time, location and clothing worn by individuals; don't leave valuables in plain sight in your car; lock valuables in the trunk; always lock exterior doors, especially townhouse sliding doors; and secure all bikes with U-style locks and keep out of sight if possible

Next meeting: Thursday, Nov. 17, 2011, 7 to 8:30 p.m., Riverside Condominium, B-Building lobby, 1435 Fourth St., SW.

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Understanding the new prostate cancer screening guidelines

By Ravi Goud, MD, MPH

The prostate has been in the news lately due to the new guidelines released by the U.S. Preventive Services Task Force (USPSTF). This body of independent health-care providers and scientists from academia and the private sector reviews and evaluates scientific data regarding screenings and interventions intended to prevent disease. Changes in recommendations can cause confusion for both patients and healthcare providers and, to avoid this, it is important to understand the nature of medical screening and interventions, the USPSTF and the specific recommendations.

To clarify the nature of medical screenings, it is best to start with the writing of Hippocrates and his oath, which encourage physicians to “do no harm.” This appeal is based on the sound recognition that most, if not all, medical interventions have both beneficial and detrimental effects. Patients, doctors and nurses have long recognized that medications have side effects, and interventions such as a surgery can cause complications. It is therefore important to evaluate potential harm and benefits to make sure that the overall effect is positive. This is what the USPSTF does for screening tests.

Medical tests are not perfect; a screening test can correctly identify disease, or it may wrongly label a healthy person as sick. In the latter case, a healthy individual is exposed to unnecessary medical and surgical interventions that are more likely to cause harm than good.

We have all heard of, or met, a grateful cancer survivor who credits his or her survival to appropriate screening. Unfortunately, we do not hear of cases in which the opposite occurs. A colleague once relayed his experience with a patient who insisted on having a prostate cancer screening even though the patient was healthy and was not a candidate for screening according to existing guidelines. Due to an indeterminate and borderline test result, further testing was required. The patient was hospitalized for surgical evaluation and he became infected with a hospital-acquired pneumonia that required treatment in the intensive care unit. The patient ended up not having prostate cancer, but almost died as a result of the evaluation process.

It is USPSTF's responsibility to review these positive and negative outcomes from carefully conducted studies, and to determine if screening a healthy individual—one without any symptoms or specific risk factors for a disease—will do more good than harm. The USPSTF does this without considering the costs incurred or saved through screening.

In USPSTF's latest draft statement, which is currently open for public comment, they “recommend against prostate-specific antigen (PSA)-based screening for prostate cancer” in healthy patients of any age. The PSA test detects blood levels of the prostate-specific antigen, a protein made in the prostate, and which can be elevated as a cause of cancer or other conditions.

The latest recommendation is based on findings showing that prostate cancer detected

through a PSA test is very unlikely to cause death. In addition, most men that are diagnosed as having prostate cancer through a PSA test are in fact healthy, and are falsely diagnosed. Lastly, unnecessary evaluations and interventions resulting from screening can cause patient anxiety, infection, bleeding, incontinence and erectile dysfunction.

It is important to remember that this recommendation does not dissuade patients and healthcare providers against vigilance for prostate cancer. Patients, nurses and physicians should still monitor for clinical signs and symptoms of possible prostate cancer, as patients detected through this manner are more likely to benefit. In fact, the USPSTF suggests that individual patients should make informed decisions regarding screening in consultation with their healthcare provider. For more information about the USPSTF, the prostate cancer screening recommendation and other recommendations, please refer to www.uspreventiveservicestaskforce.org.



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“Pride of Baltimore II” docks in southwest



The “Pride of Baltimore II” docked in the Washington Channel on Oct. 18 to the sound of the ceremonial blast of the cannon fire salute. The 157-foot reproduction of a U.S. Navy ship used in the War of 1812 kicks off a two-year celebration of the bicentennial of that war. The ship spent six days in Southwest providing free deck tours to visitors. Photos by Perry Klein.

PROJECT

From p. 1

ments from that which supports the Southwest Federal Center and Interstate 395. But the 1960s was also the tail end of an admired period of architectural design—the modernist movement—and much of the rebuilding that took place during Urban Renewal was under the guise of that award-winning style. Documenting the frequency and scale of modernist structures in such a small geographical location is another aim of the project.

The Robert C. Weaver and Hubert H. Humphrey federal buildings, home to the Department of Housing and Urban Development and Health and Human Services, respectively, and designed by famed architect Marcel Breuer, are emblematic examples of the movement. In 1966, the Tiber Island Complex, on the corner

of M and Fourth streets, won an American Institute of Architects Honor Award, and it is currently under consideration for listing in the National Register of Historic Places. Many other examples persist.

SWHP is nearing the end of its planning stage, but the timeline is intact and teams are beginning to form. Anyone interested in lending a hand to any of the four project divisions is welcome to contact Cecille Chen Winstead at Cecille@swdcheritage.org. Interested parties can participate in another way, as well. Anyone who would like to add an image, a story, an article or simply share a personal experience of life in Southwest is welcome to visit www.swdcheritage.org and click on Contribute an Item.

Although the Southwest quadrant may be the city's smallest, if Winstead has anything to say about it, it certainly will not have the smallest historical footprint.

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Religious Calendar

Galilee A.M.E. Church

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202-258-6812
Rev. S. Isaiah Harvin
Sunday: 2 p.m.
Wednesday: Bible Study
7:30 p.m.

Bethel Pentecostal Tabernacle of the Assemblies of God

60 I St. SW
202-251-5137
Pastor Fitzgerald Carter
Sunday: 10:45 a.m.; Friday Prayer and Bible Study: 8 p.m.

Carron Baptist Church

1354 First St., SW
202-484-3172
Pastor Lester W. Allen
Sunday: 11 a.m.
Tuesday: Noon Day Prayer, 7:30 p.m. Bible Study

Friendship Baptist Church

900 Delaware Ave. SW
202-488-7417
Rev. Dr. J. Michael Little, Pastor
Sunday: 9:30 A.M, Sunday School; 11 a.m. Morning Worship
Tuesday: 7 p.m. Prayer Service and Bible Study

Riverside Baptist Church

Seventh St. and Maine Avenue SW
202-554-4330
Pastor Michael Bledsoe, Ph.D.
Sunday: 10 a.m. with Bible Study at 9 a.m.

St. Matthew’s Baptist Church

1105 New Jersey Ave. SE
202-488-7298
Rev. Dr. Maxwell M. Washington, Pastor
Sunday: 8 a.m. Sunday School; 9:05 a.m. Worship Service
Tuesday: 7 p.m. Prayer Meeting & Bible Study

Second Baptist Church Southwest

First & M streets, SW
202-484-3112
Pastor C.L. Brown
Sunday: Church School 8:30 a.m.; Morning Worship: 9:45 a.m.
Wednesday: Bible Study noon and 7 p.m.

Second Union Baptist Church

1107 Delaware Ave. SW
202-484-7012
Rev. William Harrison, Pastor

Sunday: 9:00 a.m. Sunday School, 10:15 a.m. Worship

St. Dominic Catholic Parish

603 E St. SW
202-554-7863
Fr. George Schommer
Saturday: 5:15 p.m.
Sunday: 8 a.m., 10:45 a.m., 12:15 p.m. (Spanish), and 5:15 p.m.

St. Vincent de Paul Catholic Church

14 M St. SE
202-488-1354
Fr. Richard Gancayco
Sunday: 8 a.m.
Mon. and Fri.: 12:10 p.m.

St. Augustine’s Episcopal Church

600 M St. SW
202-554-3222
Rev. Martha Clark
marthakclark@yahoo.com
Sunday: 9:30 a.m.
Tuesday: 6:30 p.m. Evening Prayer

St. Matthew’s Lutheran Church

Worshiping at First Trinity Lutheran Church, 501 Fourth St. NW at Judiciary Square
410-375-5053 (cell)
Pastor Phillip Huber
Sunday: 10:30 a.m.
Thursday: 6 p.m.: Bread and Soup, 6:45 p.m. Evening Prayer

Christ United Methodist Church

900 Fourth St. SW
202-554-9117
Rev. Adrienne Terry
Sunday: 10 a.m.
Thursday: 12 noon & 6:30 p.m., Bible Study

St. Paul African Union Methodist Protestant Church

401 I St., SE
202-997-3049
Rev. Karen Mills
Sunday: 11 a.m. and 3 p.m.

Westminster Presbyterian Church

400 I St. SW
202-484-7700
Co-Pastors: Rev. Ruth Hamilton and Rev. Brian Hamilton
Sunday: Worship 11 a.m.
Blue Monday Blues: 6 - 9 p.m.
Wellness Wednesday Yoga: 4 - 8 p.m.
Friday Jazz Nights: 6 - 9 p.m.

Southwest community invited to Education Sunday program in support of public education

By Rev. Ruth Hamilton

The dynamic Wilson High School Chorus, under the direction of Lori Williams, will headline the Education Sunday program on Nov. 13 from 11 a.m. to noon at Westminster Presbyterian Church. This lively annual program is celebrated in conjunction with the 90th American Education Week. Jefferson Middle School Principal Patricia Pride, Amidon-Bowen Elementary School Assistant Principal Dwayne Ham and Wilson High School Principal Pete Cahall were all invited to take part in a conversation facilitated by Co-Pastor Ruth Hamilton. Members of parent/teacher/students associations will also be invited. Students will participate in the program with music, reading and art displays. The Southwest community is also warmly invited to attend this special program. A reception will immediately follow the one-hour service. American Education Week began when rep-

resentatives of the National Education Association and the American Legion were distressed that 25 percent of the country’s World War I draftees were illiterate and nine percent were physically unfit, so they met in 1919 to seek ways to generate public support for education. In 1921, the Assembly in Des Moines, Iowa called for one week each year to be designated to draw attention to education. This week would inform the public about the accomplishments and needs of public schools and seek public cooperation and support in meeting those needs. The 90th weeklong celebration spotlights those who are critical in building great public schools for the nation’s 50 million K-12 students. Information about national events can be found at www.nea.org/aew.

Westminster Presbyterian Church is located at 400 I (Eye) St., SW, across from Amidon-Bowen Elementary. Visit www.westminsterdc.org for more information.

Saint Dominic’s to sponsor Religious Movie Seminar

By Gerry Lessard, O.P., St. Dominic’s Church

Saint Dominic Church is again sponsoring a Religious Movie Seminar with Father Gerry Lessard, O.P., every Sunday evening beginning at 6:30 p.m., in the Parish Center in the basement of the priory at 630 E St., SW. The seminar runs from Nov. 6 to Mar. 25. Only Dec. 25 and Jan. 1 are skipped for the solemn feastdays. This will be the fifth season of this movie seminar. Some people bring food to share, but no one is obliged. Father Lessard begins with a prayer and distributes abstracts about the current movie, describing which actor played which part, and other facts about the film. Afterwards, anyone can express an opinion about the artistic or theological aspects of the work. When films touch more profound subjects, handouts may be given for further study. This year, movies will include *The Bible: In*

the Beginning The Story of Ruth, Constantine and the Cross, The Hunchback of Notre Dame, A Man for All Seasons, Elizabeth, Elizabeth: The Golden Age, Cromwell, Boys Town, Men of Boys Town, I Confess, The Confessor, The Prisoner, The Shoes of the Fisherman, Elmer Gantry, Leap of Faith, and Hereafter. In these films, you will see John Huston, Richard Harris, George C. Scott, Ava Gardner, Peter O’Toole, Stephen Boyd, Tom Tryon, Stuart Whitman, Cornel Wilde, Charles Laughton, Maureen O’Hara, Sir Cedric Hardwick, Paul Scofield, Leo McKern, Cate Blanchett, Richard Harris, Alec Guinness, Spencer Tracy, Mickey Rooney, Montgomery Cliff, Anne Baxter, Karl Malden, Christian Slater, Anthony Quinn, Laurence Olivier, Burt Lancaster, Jean Simmons, Shirley Jones, Patti Page, Steve Martin, Liam Neeson, Debra Winger, Matt Damon and more! So, come and enjoy a film, a little instruction, food, discussion and camaraderie.

Saint Dominic’s, Knights of Columbus to distribute free coats for kids

Saint Dominic Church and the Knights of Columbus will be distributing children’s coats free of charge on Sunday, Nov. 20 from 9 a.m. to noon in the parish meeting room at 630 E Street SW. Coats will be available on a first-come, first-served basis. Parents or guardians must bring their children to the church to ensure a proper fit. There will be no exceptions. Last year, St. Dominic Church and the Knights of Columbus donated more than 160 coats to families in the Southwest area. For information on how to contribute to St. Dominic’s Coats for Kids program, please call 202-554-7863 or email social@stdominicchurch.org.

Safeway to host “Feast of Sharing” at Convention Center

A day of free food and services will be held at the Walter E. Washington Convention Center Nov. 23. The “Feast of Sharing” is sponsored by Metropolitan Baptist Church, Safeway, Events DC, SunTrust, CenterPlate/NBSE, The Salvation Army, CBS Radio, Secur-Pros and The Mid-Atlantic Gleaning Network. From 9:30 a.m. to 1 p.m. there will be a free employment fair, health screenings, musi-

cal entertainment and giveaways. From 11:30 a.m. to 1 p.m. attendees will be treated to a free Thanksgiving dinner. The event is run entirely by volunteers. Last year more than 500 volunteers provided services to and fed nearly 5,000 attendees. Volunteers in 2010 included local politicians, D.C. United players, and hip hop artist Wale. All are welcome to attend.

Hirshhorn museum comes alive at night

By Andrew Finken

Although the exhibits at this Smithsonian Museum may not actually come alive, the kinetic house music and vivid video jockeying of the After Hours event at the Hirshhorn in Southwest, D.C. on Oct. 14 certainly gave new life to the works on display.

"Andy Warhol: Shadows," the Hirshhorn's current premier exhibit, looks a little different when adjacent to the flashing lights of a Latin-



The Hirshhorn lights up for a night at the museum on Oct. 14. Photo by Rachel Wofford

rave-infused electronic dance party delivered by video artist Bec Stupak. It could be the swelling crowd that upends customary museum sensations, or maybe it is DJ Nancy Whang's passionate cadence. Come to think of it, it could just be the time of night. Has a museum ever been open this late?

All good points, said Kevin Hull, the museum program director responsible for the Hirshhorn After Hours event.

"Our goal is to engage a local audience in something new, something D.C. hasn't seen before," Hull said.

A nine-piece psychedelic orchestra, The Chrystal Ark, led by synthesizer Gavin Russom and vocalist Viva Ruiz, delivered a mega performance, judging by the perspiration of hundreds of dancing fans on the sixty-degree evening. A few security guards even joined the fray after some of the main exhibits closed.

Hull said many contemporary museums around the country have vibrant performance programs, but the Hirshhorn, despite its many strengths, is limited in the number of performances it can offer.

"After Hours is the Hirshhorn's one chance at a great performance," he said. "We put a lot of effort into this one."

Hull said that he invited The Chrystal Ark to headline After Hours because of the multidisciplinary nature of its performance; synthesizer,

bass guitar, bongos, multiple vocals and two perpetual dancers overlaid with an electronic rhythm. Combine this with Stupak's aurora-like light displays and Hull sees a reflection of the camaraderie of Warhol's period of contemporary artistry.

"The time in which Andy Warhol was living and working was an amazing time when art and revelry often went together. Visual artists, dancers, actors, musicians and filmmakers worked together in a more fluid way than we see today," said Hull.

Meanwhile, exhibit tours were packed throughout the evening, although the viewers' attire differed from that of the average Smithsonian visitor. V-necks and bejeweled purses of the hipster chic replaced the familiar camera straps and fanny packs; stilettos and Puma the insole New Balance. The percolating tempo from below muffled their heel clacks.

The irony of a national museum directing its programming at a local audience is not lost on Hull. Museums generally house the emblematic people, move-

ments and artifacts of cherished eras in meaningful places, and national museums present an entire nation's memories. But what about a museum devoted to contemporary art?

Hull acknowledges that the Hirshhorn might break from the average Smithsonian's mandate, if ever so slightly. For example, because the Hirshhorn presents contemporary art, its displays turn over quickly, relative to other national museums. As a result, the Hirshhorn receives more repeat visitors than the typical Smithsonian, as well as a higher share of local visitors.

Smithsonian museums mostly target tourists, as evidenced by the hours of operation, 10 a.m. to 5:30 p.m. But, according to Hull, that need not preclude his museum from offering additional programming for a local audience. He said that the late evening start of After Hours is reflective of their intention to include area residents and develop their interests.

"An event like this can engage local residents, people that may be new to art and D.C. creatives," said Hull. He said that among the scores of lawyers and federal employees, D.C. possesses a substantial creative community as well.

The Hirshhorn refuses to limit its local programming to after hours. Every day but Sunday the museum offers artistic and educational programming for local children. Everything from photography and broadcasting lessons to contemporary art design is taught on a weekly

basis by museum staff, artistic volunteers and Hirshhorn artists-in-residence.

To push the meta-creative envelope a little bit, the museum even offers a program that invites children to create programming for a contemporary art museum.

"To have the Smithsonian museums in your backyard is an amazing resource," said Hull. "It is good for young people to be engaged in creative activity, and not just academically. The benefits of a creative education are immeasurable."

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Office Assistant Gloria Tobe (left) and Assistant Principal Dwayne Ham place the Recycling Banner at Amidon-Bowen Elementary School. To read about The Magic of Recycling program's visit to Amidon-Bowen, visit www.thesouthwester.com. Photo by Meg Brinkman.

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